

Medical History Questionnaire

Name: _____ Today's Date: _____

Address: _____ Phone: _____

_____ Work Phone: _____

Birth Date: ____/____/____ Social Security #: ____/____/____ Last Eye Exam: ____/____/____

Name of Medical Doctor: _____ Dr.'s Phone: _____

Email Address _____ Last Medical Exam: ____/____/____

Medical History

Do you have any allergies to medications? ☐ no ☐ yes If yes, explain: _____

List any medications you take (including):

List all major injuries, surgeries: _____

Circle any of the following that you have had: crossed eyes, lazy eye, drooping eyelid, glaucoma, retinal disease, cataracts, eye infections or eye injury, other: _____

Are you pregnant and/or nursing? ☐ no ☐ yes
Do you wear glasses? ☐ no ☐ yes If yes, how old is your present pair of lenses? _____
Do you wear contact lenses? ☐ no ☐ yes If yes, how old is your present pair of lenses? _____
Type of contact lenses: ☐ Rigid ☐ Soft ☐ Extended Wear ☐ Other Are they comfortable? ☐ yes ☐ no

Family History

DISEASE/CONDITION	NO	YES	?	RELATIONSHIP TO YOU
Cataract	☐	☐	☐	_____
Crossed Eyes	☐	☐	☐	_____
Glaucoma	☐	☐	☐	_____
Macular Degeneration	☐	☐	☐	_____
Retinal Detachment/Disease	☐	☐	☐	_____
Arthritis	☐	☐	☐	_____
Cancer	☐	☐	☐	_____
Diabetes	☐	☐	☐	_____
Heart Disease	☐	☐	☐	_____
High Blood Pressure	☐	☐	☐	_____
Kidney Disease	☐	☐	☐	_____
Lupus	☐	☐	☐	_____
Thyroid Disease	☐	☐	☐	_____
Dementia	☐	☐	☐	_____
other _____	☐	☐	☐	_____
other _____	☐	☐	☐	_____

Social History

This information is kept strictly confidential. However, you may discuss this portion directly with the doctor if you prefer.

☐ Yes, I would prefer to discuss my Social History information directly with my doctor. (Check box)

Do you drive? ☐ no ☐ yes If yes, do you have visual difficulty when driving? ☐ no ☐ yes

How many hours a day do you use a computer / digital device? _____

Do you use tobacco products? ☐ no ☐ yes If yes, type/amount/how long: _____

Do you drink alcohol? ☐ no ☐ yes

Do you use recreational drugs? ☐ no ☐ yes

Have you ever been exposed to or infected with: ☐ Gonorrhea ☐ Hepatitis ☐ HIV ☐ Syphilis

Review of Systems

Do you currently, or have you ever had any problems in the following areas: Circle the current conditions.

SYSTEM	NO	YES	?		NO	YES	?
CONSTITUTIONAL							
Fever, Weight Loss/Gain	☐	☐	☐	Sinus Congestion	☐	☐	☐
INTEGUMENTARY (Skin)	☐	☐	☐	Chronic Sinus Infections	☐	☐	☐
NEUROLOGICAL				Chronic Cough	☐	☐	☐
Headaches	☐	☐	☐	Dry Throat/Mouth	☐	☐	☐
Migraines	☐	☐	☐	RESPIRATORY			
Seizures	☐	☐	☐	Asthma	☐	☐	☐
Dementia	☐	☐	☐	Chronic Bronchitis	☐	☐	☐
Concussion	☐	☐	☐	COPD	☐	☐	☐
EYES				VASCULAR / CARDIOVASCULAR			
Loss of Vision	☐	☐	☐	Diabetes	☐	☐	☐
Blurred Vision	☐	☐	☐	Heart Disease	☐	☐	☐
Distorted Vision/Halos	☐	☐	☐	High Blood Pressure	☐	☐	☐
Loss of Side Vision	☐	☐	☐	High Cholesterol	☐	☐	☐
Double Vision	☐	☐	☐	GASTROINTESTINAL			
Dryness	☐	☐	☐	Crohn's Disease	☐	☐	☐
Eye strain with Computer Use	☐	☐	☐	IBS	☐	☐	☐
Redness	☐	☐	☐	Other	☐	☐	☐
Sandy or Gritty Feeling	☐	☐	☐	GENITOURINARY			
Itching	☐	☐	☐	Genitals	☐	☐	☐
Burning	☐	☐	☐	Kidney/Bladder	☐	☐	☐
Excess Tearing/Watering	☐	☐	☐	BONES / JOINTS / MUSCLES			
Glare	☐	☐	☐	Arthritis	☐	☐	☐
light Sensitivity	☐	☐	☐	Osteoporosis	☐	☐	☐
Eye Pain or Soreness	☐	☐	☐	LYMPHATIC / HEMATOLOGIC			
History of Eye infections	☐	☐	☐	Anemia	☐	☐	☐
Sties	☐	☐	☐	Bleeding Problems	☐	☐	☐
Flashes	☐	☐	☐	ALLERGIC / IMMUNOLOGIC			
Floaters in Vision	☐	☐	☐	Lupus	☐	☐	☐
Tired Eyes	☐	☐	☐	Rheumatoid Arthritis	☐	☐	☐
ENDOCRINE				Other	☐	☐	☐
Thyroid/Other Glands	☐	☐	☐	PSYCHIATRIC			
EARS, NOSE, MOUTH, THROAT				Depression	☐	☐	☐
Allergies/Hay Fever	☐	☐	☐	Anxiety	☐	☐	☐
				Bipolar Disorder	☐	☐	☐
				Other	☐	☐	☐

If you have a condition not listed above, please list below.

Doctor's Signature

Date

Optomap: An Ultrawide Digital Image of the Retina

The optometrists at Delaware Vision Care highly recommend for all patients to have a digital image of the retina done annually with our new scanning imaging system. The non-invasive Optomap enables your doctor to see a much more extensive and detailed view of the back of your eye.

This will allow for important comparisons in the future. The Optomap is only a \$25.00 copay, reduced from the standard \$39.00 fee (not covered by insurance). Please direct any questions you may have to your optometrist

***The Optomap can detect problems such as macular degeneration, glaucoma, retinal holes and detachments, and diabetic retinopathy. Early detection is crucial.

I would like the Optomap image of my eyes.

*Initial here: _____

I do not want the Optomap image of my eyes.

Initial here: _____

Insurance Information

*****Please read thoroughly and initial where applicable.*****

Vision Insurance

Covers a routine vision exam. Your plan may also have a benefit for eyeglasses and/or contacts lenses. Depending on your insurance you may have a co-pay for these benefits, *this fee varies*.

Medical Insurance

Filed if a medical condition is diagnosed by the doctor, or if you have any systemic health conditions that could have ocular complications (Ex: Glaucoma, cataracts, eye infections, dry eye, diabetes, ect.). Medical diagnosis often requires additional diagnostic testing. * We will request your medical card to scan into your file.*

I understand I am responsible for payment of all services rendered by the doctor and products purchased at this office.

*Initial

I have been presented a copy of the HIPPA Privacy act and understand my rights as a patient, I also know that at any time I can request a hard copy of the HIPPA Privacy Act.

*Initial

Dilation

Dilation of the pupils allows a more comprehensive examination of the retina, including the peripheral retina, which cannot be seen without dilation. You will experience increased sensitivity to light and blurred near vision. *There is no extra fee for this.*

I wish to have my eyes dilated today. * Initial here: _____

-Or-

I decline having my eyes dilated today. * Initial here: _____

*****I have read, acknowledged and understand the above information.*****

Print: _____

Sign: _____

Date: _____

NOTICE OF PRIVACY PRACTICES

THIS NOTICE OF PRIVACY PRACTICES ("NOTICE") DESCRIBES HOW WE MAY USE OR DISCLOSE YOUR HEALTH INFORMATION AND HOW YOU CAN GET ACCESS TO SUCH INFORMATION. PLEASE READ IT CAREFULLY.

Your "health information," for purposes of this Notice, is generally any information that identifies you and is created, received, maintained or transmitted by us in the course of providing health care items or services to you (referred to as "health information" in this Notice).

We are required by the Health Insurance Portability and Accountability Act of 1996 ("HIPAA") and other applicable laws to maintain the privacy of your health information, to provide individuals with this Notice of our legal duties and privacy practices with respect to such information, and to abide by the terms of this Notice. We are also required by law to notify affected individuals following a breach of their unsecured health information.

USES AND DISCLOSURES OF INFORMATION WITHOUT YOUR AUTHORIZATION

The most common reasons why we use or disclose your health information are for treatment, payment or health care operations. Examples of how we use or disclose your health information for treatment purposes are: setting up an appointment for you; testing or examining your eyes; prescribing glasses, contact lenses, or eye medications and faxing them to be filled; showing you low vision aids; referring you to another doctor or clinic for eye care or low vision aids or services; or getting copies of your health information from another professional that you may have seen before us. Examples of how we use or disclose your health information for payment purposes are: asking you about your health or vision care plans, or other sources of payment; preparing and sending bills or claims; and collecting unpaid amounts (either ourselves or through a collection agency or attorney). "Health care operations" mean those administrative and managerial functions that we must carry out in order to run our office. Examples of how we use or disclose your health information for health care operations are: financial or billing audits; internal quality assurance; personnel decisions; participation in managed care plans; defense of legal matters; business planning; and outside storage of our records.

OTHER DISCLOSURES AND USES WE MAY MAKE WITHOUT YOUR AUTHORIZATION OR CONSENT

In some limited situations, the law allows or requires us to use or disclose your health information without your consent or authorization. Not all of these situations will apply to us; some may never come up at our office at all. Such uses or disclosures are:

- when a state or federal law mandates that certain health information be reported for a specific purpose;
- for public health purposes, such as contagious disease reporting, investigation or surveillance; and notices to and from the federal Food and Drug Administration regarding drugs or medical devices;
- disclosures to governmental authorities about victims of suspected abuse, neglect or domestic violence;
- uses and disclosures for health oversight activities, such as for the licensing of doctors; for audits by Medicare or Medicaid; or for investigation of possible violations of health care laws;
- disclosures for judicial and administrative proceedings, such as in response to subpoenas or orders of courts or administrative agencies;
- disclosures for law enforcement purposes, such as to provide information about someone who is or is suspected to be a victim of a crime; to provide information about a crime at our office; or to report a crime that happened somewhere else;
- disclosure to a medical examiner to identify a dead person or to determine the cause of death; or to funeral directors to aid in burial; or to organizations that handle organ or tissue donations;
- uses or disclosures for health related research;
- uses and disclosures to prevent a serious threat to health or safety;
- uses or disclosures for specialized government functions, such as for the protection of the president or high ranking government officials; for lawful national intelligence activities; for military purposes; or for the evaluation and health of members of the foreign service;
- disclosures of de-identified information;
- disclosures relating to worker's compensation programs;
- disclosures of a "limited data set" for research, public health, or health care operations;
- incidental disclosures that are an unavoidable by-product of permitted uses or disclosures;
- disclosures to "business associates" and their subcontractors who perform health care operations for us and who commit to respect the privacy of your health information in accordance with HIPAA;
- [specify other uses and disclosures affected by state law].

Unless you object, we will also share relevant information about your care with any of your personal representatives who are helping you with your eye care. Upon your death, we may disclose to your family members or to other persons who were involved in your care or payment for health care prior to your death (such as your personal representative) health information relevant to their involvement in your care unless doing so is inconsistent with your preferences as expressed to us prior to your death.

SPECIFIC USES AND DISCLOSURES OF INFORMATION REQUIRING YOUR AUTHORIZATION

The following are some specific uses and disclosures we may not make of your health information **without** your authorization:

Marketing activities. We must obtain your authorization prior to using or disclosing any of your health information for marketing purposes unless such marketing communications take the form of face-to-face communications we may make with individuals or promotional gifts of nominal value that we may provide. If such marketing involves financial payment to us from a third party your authorization must also include consent to such payment.

Sale of health information. We do not currently sell or plan to sell your health information and we must seek your authorization prior to doing so.

Psychotherapy notes. Although we do not create or maintain psychotherapy notes on our patients, we are required to notify you that we generally must obtain your authorization prior to using or disclosing any such notes.

YOUR RIGHTS TO PROVIDE AN AUTHORIZATION FOR OTHER USES AND DISCLOSURES

- Other uses and disclosures of your health information that are not described in this Notice will be made only with your written authorization.
- You may give us written authorization permitting us to use your health information or to disclose it to anyone for any purpose.
- We will obtain your written authorization for uses and disclosures of your health information that are not identified in this Notice or are not otherwise permitted by applicable law.
- We must agree to your request to restrict disclosure of your health information to a health plan if the disclosure is for the purpose of carrying out payment or health care operations and is not otherwise required by law and such information pertains solely to a health care item or service for which you have paid in full (or for which another person other than the health plan has paid in full on your behalf).

Any authorization you provide to us regarding the use and disclosure of your health information may be revoked by you in writing at any time. After you revoke your authorization, we will no longer use or disclose your health information for the reasons described in the authorization. However, we are generally unable to retract any disclosures that we may have already made with your authorization. We may also be required to disclose health information as necessary for purposes of payment for services received by you prior to the date you revoked your authorization.

YOUR INDIVIDUAL RIGHTS

You have many rights concerning the confidentiality of your health information. You have the right:

- **To request restrictions on the health information we may use and disclose for treatment, payment and health care operations.** We are not required to agree to these requests. To request restrictions, please send a written request to us at the address below.
- **To receive confidential communications of health information about you in any manner other than described in our authorization request form.** You must make such requests in writing to the address below. However, we reserve the right to determine if we will be able to continue your treatment under such restrictive authorizations.
- **To inspect or copy your health information.** You must make such requests in writing to the address below. If you request a copy of your health information we may charge you a fee for the cost of copying, mailing or other supplies. In certain circumstances we may deny your request to inspect or copy your health information, subject to applicable law.
- **To amend health information.** If you feel that health information we have about you is incorrect or incomplete, you may ask us to amend the information. To request an amendment, you must write to us at the address below. You must also give us a reason to support your request. We may deny your request to amend your health information if it is not in writing or does not provide a reason to support your request. We may also deny your request if the health information:
 - was not created by us, unless the person that created the information is no longer available to make the amendment,
 - is not part of the health information kept by or for us,
 - is not part of the information you would be permitted to inspect or copy, or
 - is accurate and complete.
- **To receive an accounting of disclosures of your health information.** You must make such requests in writing to the address below. Not all health information is subject to this request. Your request must state a time period for the information you would like to receive, no longer than 6 years prior to the date of your request and may not include dates before April 14, 2003. Your request must state how you would like to receive the report (paper, electronically).
- **To designate another party to receive your health information.** If your request for access of your health information directs us to transmit a copy of the health information directly to another person the request must be made by you in writing to the address below and must clearly identify the designated recipient and where to send the copy of the health information.

Contact Person:

Our contact person for all questions, requests or for further information related to the privacy of your health information is:

Name

Address

Complaints:

If you think that we have not properly respected the privacy of your health information, you are free to complain to us or to the U.S. Department of Health and Human Services, Office for Civil Rights. We will not retaliate against you if you make a complaint. If you want to complain to us, send a written complaint to the office contact person at the address, fax or E mail shown above. If you prefer, you can discuss your complaint in person or by phone.

Changes to This Notice:

We reserve the right to change our privacy practices and to apply the revised practices to health information about you that we already have. Any revision to our privacy practices will be described in a revised Notice that will be posted prominently in our facility. Copies of this Notice are also available upon request at our reception area.

Notice Revised and Effective: _____

NF 5/2013